

The Planes of Spirit

The Association of Sananda and Sanat Kumara

THE UNITED FORCES OF LIGHT

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You Are The Living Light

Remember your Origin

Recognize your Divinity

Re-claim your Birthright

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Introduction

It might be helpful if we understood more about these planes of spirit. Too often we think that there is the earth, and there are the higher dimensions apart from the earth, but life has no such separation. Life has expression throughout all of creation, and that expression is the Light which IS life itself. It is only our own thinking which sees a separation, and it is our own thinking which continues to limit that light within the many planes of spirit. Perhaps this newsletter will help us to see beyond all such separation...

In a previous newsletter we read a series of communications from Judy, who had diligently studies the scripts of Sananda while here on earth, and who had then made her transition into the higher planes of spirit. She described her new place of abode in glowing terms of the light and the freedom which she now knew, and also shared some of her in her new place of abode.

Her joy and freedom were more than she words, yet her ongoing desire was to continue to serve the great plan of the Father, in helping those still struggling within the limitations of earthly existence. Since her account was received 20 years ago, she has no doubt completed her time within that plane and moved on into yet higher planes of learning, yet such accounts inspire us to want to know more.., to know the pure joy of life in ever greater light.

Many accounts have been recorded over years concerning life upon the spirit planes. These accounts often vary in their portrayals, for there are many spirit planes, and also many regions within each plane. Most accounts reflect only the perspective of the spirit giving the account and that has personal knowledge of, which usually includes only the region or plane which he is now on and those planes below him.

Very few accounts actually comes from the highest and brightest spirit planes, for it is easier for us to comprehend and to accept the communications from those within the intermediate planes, which are a closer reflection of our lives upon the earth. With so many varying accounts it is often confusing, so for those of you who have not read these numerous accounts, I will try to present an over-all perspective.

Realize that this is only a very brief sketch, for the vastness and diversity within all of the spirit planes is far more than can be conveyed in a single newsletter.

Spirit Planes - Thought Planes

Realize, that the spirit planes which surround the earth are all simply reflections of different levels of light within the human spirit. Each spirit plane simply reflects the light (or lack thereof) of those who dwell therein, each within their own environment, with others of like nature.

In the last newsletter Judy told us how these were "Thought Planes", where ones thoughts created and reflected within that which existed and around them. Unlike the earth where the laws of nature govern the expression of dense matter, the spirit planes are comprised of much finer matter, called ethers. Etheric matter, unlike dense matter, is not defined by the laws by the laws of nature, it simply responds to thought, creating an expression of the thoughts of those who dwell therein. While those within the lower planes may no longer be bound by flesh, they continue to be bound by their own thinking, for they do not yet understand the power of their thoughts.

If we are to understand the higher spirit planes, it is important that we first understand the range of spirit planes. Just as all spirit while on earth do not express not light, so too, all spirit planes are not of light and joy, yet it is important to understand that these too are an integral part of man's development

The Darker Planes of Spirit

To those who have (light), more shall be added.., to those who have not (light), what little they have shall be taken from them..

We can all bear witness of the many violent or criminally minded spirits expressing themselves upon the earth, both the obvious ones and also those who hide their motives behind a outer facade of respectability. We have also witnessed ones who invoke the name of God to carry out acts of terrorism and violence...ones who speak of God, yet whose hearts remain filled with the blackness of hatred and revenge. While Judy spoke of how the love and the joy her own heart was reflected in the environment around her, so too do those whose hearts hold thoughts of hatred, revenge, arrogance, greed, etc... create their own environment

These are the darker planes, the "compounds" spoken of by Sananda, inhabited spirits whose thoughts and motives have become obsessed with their own destructive natures. To give you some idea of the environment of these dark planes I would like to print an excerpt from a book which is now out of print, entitled "A wanderer In The Spirit Planes". It is a factual account from one who wandered these dark regions helping those who were beginning to ask for light.

He relates the following:

...As we emerged we found ourselves in a land of night. It might have seemed like a bottomless pit of desolation had we not stood on solid enough ground, while above us was a dark sky, like blackened smoke. How far this country extended it was impossible to know, since the heavy atmosphere like a black fog shut out our vision on every side. I was told that it extended throughout the whole of this vast and dreadful sphere.

-end excerpt-

Consider too, the following excerpt from the book entitled "Excursions To The Spirit World" concerning the lower regions:

...On one occasion I was taken into one of the spirit planes where the vibrations were low and miserable. Suddenly I was struck by a whole host of vicious and vengeful thoughts, and saw a group standing about twenty yards away within a lurid and dirty orange glow. Some had sneering grins on their faces, others absolute downright hatred. I sensed that they knew where they were and had been there for ages, and

would probable continue until the futility of such a state dawned on them..

We need to realize that these darker regions were NOT created by God as punishment, but are created and sustained by the thoughts of those who dwell within them, and each willfully chooses to remain bound therein by the very things which they continue to hold within their hearts. While such spirits are not bound by the limitations of flesh, they continue to be bound by their own thinking, for they have not yet learned that life and light are synonymous. Such glimpses are not very inspiring, yet I would like to print one last excerpt from "Excursions To The Spirit Planes":

...One of my more distasteful visits was to a town inhabited by those unfortunate spirits with quarrel some habits. I was put down on a street, and as I looked around I saw people violently quarreling. As my awareness became more acute, my spirit received their thoughts, which were more vicious and pitiless. It was a hopeless place to be in, as each individuals nature was worsened by the collective thoughts of all the others within that dreadful place

The Lower Planes - The Dull Planes

Above the darker planes described above, begin what are called the normal planes of spirit development. It is often said that there are twelve of these spirit planes surrounding the earth, each progressive brighter, each a reflection of the thoughts of those who dwell within them. The lower planes are often called the "dull" states, or the "planes of illusion, for although ones here may not be dark in the sense of being hateful, cruel or vicious...yet they have incorporated very little light or love into their spirit throughout the long sojourn upon the earth.

Throughout their many embodiments they have never cared to look beyond their own lives for any greater light or understanding. Here within the spirit planes they are no different, for in their lethargy they still do not seek light. These are the ones Sananda has referred to as "dullards" or "laggards" In the book "Excursions To the Spirit World", the author begins by saying:

...Many seem to think that every trip to the spirit world must be full of excitement, with many new wonders and strange things to see, but this is not always so. In my early projections I was taken to the low unprogressed states many times, and as these are just like earth and the inhabitants do not know of anything better, their activities were often banal and boring.

....Although life within the spirit planes is based upon projections of thought, I have several times been to a lower region within these planes, where not enough thought was used in any direction. It was inhabited by those who, during earth life, did not trouble themselves to extend their mind beyond their own dull lives, nor were very interested in anything in particular. On entry into the spirit planes they gravitated to this lower region, where there were street after street of uninteresting houses...creating a condition which caused me to feel extreme boredom.

...Once I found myself outside of a small house, and asked my guide what plane this was. He said: It is the land of the Low Thoughts. He began to show me around, and I saw what appeared to be a dreary endless landscape. Here and there were sad looking people, some walking slowly, some standing still. The vibrations of this place were wretched. I was not kept there long, and as usual, I was taken to a brighter plane before returning to the physical body.

Even in spirit, ones continue to be bound by their lack of motivation, remaining oblivious to the light and the love which continues to lie dormant within their Soul. The book "Excursions To The Spirit World", goes on to say:

...In these lower spheres are spirits of varying degrees of ignorance, and some have not the slightest idea that they have left the earth. Others have the impression that they are living a different life, but it is dream-like and not very positive. These people carry the same mind-set which they had on earth, and "spirit" is just as vague to them here as it was on earth. May remain contented in their ignorance, therefore their minds do not seek for, or know of, anything better. These can not be "pushed" forward, for in spirit the Law is, that the urge to seek must come from within themselves.

Realize that these spirit planes are vast spheres, each containing many regions, which are as diverse as earth itself. They surround the entire earth, and within the lower planes each culture and country defines a region, each according to their own beliefs and thinking. Within the planes which are further removed from the earthly pattern, spirits become more unified in their thinking, and all spirits begin to awaken to a more unified expression of life's greater purpose.

Too often we think that all who leave the body immediately see the light, but this is only true for those who have awakened that light within their own spirit. Those who "Do not want to hear it" upon the earth, still "Do not want to hear it" in spirit, for they are still the same spirit. They do not seek for the greater light, for their own unwillingness to learn has kept them from progressing beyond these lower planes throughout this long cycle. The absence of these lower planes is a reflection of their own lethargy, and since all within these lower planes are of the same nature, the overwhelming apathy there provides little inspiration.

It is only in embodiment on earth that they are exposed to the diversity of spirits from all of the spirit planes, which allows them to see and feel the light and love in others which they themselves continue to lack. And it is only through repeated embodiments that they might finally begin to seek within themselves for that same light and love which they see in others. While most within these lower regions remain bound by their own unwillingness to seek for greater light, when one does put forth the effort to change, he is helped to move forward by those from the brighter planes above, as described in the following excerpt:

...In these dull astral towns I saw often ones neatly dressed in ordinary cloths, but their features and eyes had a brightness that made them outstanding in such a locality. I sensed that they were advanced helpers on their various missions into these dull

planes.

So is it with each and every plane, as one reach back to those below them, and give a helping hand to those who have learned to ask for help. The "Summerlands" The bright planes which stretch above these dull planes have often been called the "Summerlands", for although they are still a close reflection of life on earth, the gross vibrations of ignorance and lethargy become far less. Those who come here from the dull planes below move first into the lower regions of these Summerlands, making their transitions more gradual...while those who come here from the earth carry such limitations within their own thinking.

The following excerpt from Excursions To The Spirit World, describes the lower regions of these Summerlands:

...Spirit life is the great revealer, as the prevalent thoughts of the inner person always come to the forefront. Ones "self-image" or "thought pattern" during earthly life can become so ingrained that it can delay their progress in the spheres.

...I was taken to a lower region of the Summerlands, and at first glance it appeared to be a pleasant park, with ornamental gates set in stonework. There was a small pond and wooden benches here and there, yet I noticed there were no plants or shrubs of any kind in the park.

There were a few people walking about, while others sat upon wooden benches. They were all smartly dressed, but each assumed an attitude which was supposed to represent the height of dignity and elegance that only an exclusive set might have. Those on the benches were sitting stiffly and formally, with set faces, as if fearful of being caught relaxing. All had a look off frozen nonchalance ingrained in their habits of thought, brought over from the earth.

...I then saw a man enter through the gates, and I could see at once that he was an advanced teacher from the planes above. He began to speak to some of the people, but he had just began to tell them of other places within this plane which were better than which they now knew, when two men began to escort him out through the gates. They were very gentle with him, but they were saying: "Really old man, park speeches are hardly the thing for our class of people...do be a good fellow and go away."

... I should point out here, that all my experiences in the spirit world concerned the British and European states, as being from Britain I could more easily follow the line of thought and way of living of my own kind.

Realize that this but one small local within this one region of this lower plane, yet it attests to how our thoughts continue to define our lives, even in spirit. Also, the reference above to the plant life within the spirit plane is very common...for the lower spirit plane, the more void they are of living plants, while the higher brighter planes become increasingly filled with a vibrant array of plants, trees and colorful fragrant flowers.

This is a direct reflection of the abundance of life and love within the thoughts of those who dwell within the higher planes. The upper planes of these Summerlands become increasingly filled with fragrant flowers and trees, for those upper regions are inhabited by those who have incorporated more Love, Light and Joy into their spirits. While life on these brighter planes is very pleasant, ones here still do not understand the need for effort in awakening to yet greater light.

Although they know that they are now in the spirit planes, they do not yet realize that this cycle will come to a close, and most do not yet realize that there are many brighter planes yet above them. They have not yet awakened desire for greater light, for they do not yet understand that there **IS** greater light. Some here choose to reside in small cottages, amid the perpetual summer-like environment, while others gravitate to small towns or villages, with quiet streets lined with quaint little houses and flower gardens.

These regions are also called the "family planes", for on arrival into these planes most are greeted by friends or loved ones who now dwell there. Once arriving spirits have adjusted to their new home, they begin to relax and enjoy the peaceful summer-like environment, free from the turmoil of life as it was to be heaven, and begin to bestir themselves to seek for answers. For some this happens quickly, for others it takes a long while.

Consider the following excerpt from "Excursions To the Spirit World"

.... Life in the "Summerlands" does not in any way resemble the vague "heaven" pictured by orthodoxy, and though pleasant, it does not have a deep significance for many. Those on earth would not think of attending a lecture on spiritual truth, do not suddenly become enthusiastic in spirit, because the idea of greater truth is not yet in their thinking. Judy spoke of those within the lower spirit planes who had still not prepared themselves to receive greater light, thus they were now having to do in spirit, when they failed to do here on earth. Remember her message telling us:

...Think not that your preparation is complete just because one leaves his earthly body and makes the transition to another realm, for your environment here only reflects the

degree of your preparation while on earth. Each gravitates towards his chosen environment, which has been self-determined by his own efforts, or lack of such. Many here do not yet understand the necessity of (continuing) preparation, for their false notions and distorted views of "heaven "contribute to an unrealistic attitude.

Just to rid themselves of their preconceived ideas and expectations in this regard takes much work and effort, and may continue to cling to their false beliefs for the longest time.

Most within these sleepy planes do not understand that these are lower spheres, for they have no greater understanding here than they did while on earth. The desire for greater light is not part of the prevalent "thought" within these planes of idle enjoyment...such "higher thoughts" become inherent only with the brighter plane above, and only as ones are prepared can they move forward.

Many have not yet awakened the desire for greater light, therefore their learning process eventually brings them back to earth, where the earthly struggles and the limitations of flesh might cause them to seek for greater understanding. Yet once in embodiment, those who sleep on their contentment, soon find themselves back within these lesser spheres, with no greater understanding, and with no memory of their previous times here.

Consider the following excerpt:

...After many experiences in the spirit planes, I could see how very necessary it is to gain knowledge of our spiritual nature while on earth, for it is "much easier" to learn it upon the earth than upon entry into the spirit planes. This may seem strange to you, but if the mind while on earth is blank concerning spiritual things, it is blank still on entry these spiritual planes.

Realize that each of these planes are inhabited only by those of like nature, therefore the "collective" thought in these lower planes makes it difficult for one to see beyond their own limitations. The earth plane, on the other hand, is inhabited by spirits from every plane, both light and dark, sending forth their collective thoughts. The friction and unrest caused by this admixture of light and dark causes some to put forth the effort to seek for greater light. For this reason is great light sent upon earth, for it is here upon the earth where most spirits progress.

The Brighter Planes of Spirit

Not all spirits have a need to spend time within these lower planes of rest and idleness, for many have passed through those planes long ago, and have long since raised their light and understanding above such simple contentment. The love and light within the hearts of many spirits allow them to pass beyond these lesser planes, to the higher plane where the greater light is consistent with their own.

As Judy told us, those who are drawn to the higher spheres are those who have turned their attention more fully to the greater light and purpose behind all of life. In the book "Excursions To The Spirit World" this account describes life within these brighter planes:

...The simplicity of spiritual truth is never more evident than when one is on the brilliant planes. I say brilliant because the whiteness overhead (the sky) is something like that of a mid-day in the tropics, but without the heat and discomfort. The effect upon me while in these planes is always the same, for I seem to understand more and have greater access to knowledge, for within these higher frequencies the mind is always open to higher guidance.

...Yet it is not just by knowledge that ones come here. A person whose inner nature is friendly, loving and considerate of others during their earthly life, would gravitate to that same vibration in spirit, even if that person was ignorant of spirit. The state they were drawn to would naturally be bright, and the spirit would have access to the knowledge of that state, therefore their on-going progress would be pleasant and easy. Yet they would not be separated from loved ones who were not so progresses, as those from the higher spheres can always go into the lower spheres.

Even within these higher planes of spirit, life continues to reflect many aspects of life on earth. I once found myself (behind sleep) walking with Judy through a city in one of these brighter spirit planes. It resembled a city of the 1950's, yet it was immaculately clean and orderly. There was no sense of rush or scattered thoughts as in cities on earth. The over-all atmosphere was that of greater peace and of greater purpose.

Although these are thought planes, realize that etheric matter is just as solid as anything upon the earth. This is described by William Pelley in the book "Seven Minutes In Eternity":

...And now that I had reawakened without the slightest distress or harm, I was conscious of a beauty and loveliness that surpasses chronicling on paper. A sort of

marble portico, lightened by a soft opal luminescence. I can best liken the structure to a roofed-in Roman style portico, with heavy smooth pillars supporting the roof. Across from me the wall was open, with three or four steps leading down into a garden that was indistinct in a sort of nocturnal haze.

...Again I found my voice. Looking around me, my gaze come to the marble bench beneath me. I thumped it with my palm, and my next words were: Great Scott! It's Real! "Of course it's real, my friend said, still smiling."

....I cannot make anyone understand how natural it all seemed to be there. It never occurred to me that I was in Heaven, or if it did it caused me no more astonishment than, at some point in my adolescent life it had "occurred" to me that I was on earth.

Within these brighter planes the focus is always on greater learning, and these spirits have awakened to the fact that progression takes effort. In the book "Life Beyond The Veil", a city within one of these upper regions is described as follows:

....The Temple is of use not only for worship, but for instruction of those prepared to receive it. This is much like a "high school" of this sphere, and only those who have passed through the lower schools may come here for greater learning. At various places of this region are other schools or collages, each for some special instruction.

....This city has three of these schools, where those who have passed through the lower schools come to learn higher aspects of the instructions they have received, to learn to combine them together. In many spheres this pattern is followed, yet each sphere is a continuation and also an advancement of the spheres below it, so that from the lower to the higher spheres there is a gradient system of progress and learning. Each and every step implies not only added understanding, but also in learning the enjoyment of using such understanding.

Realize that the scope of each plane is vast in its expression, and is far greater than just what is mentioned above, just as life on earth encompasses more than the description of one collage. Ones within these brighter planes understand more of the greater purpose behind their lives, therefore they continually seek to incorporate greater light within their own spirit.

When they do take embodiment in flesh, it is usually to strengthen their character, or to learn greater control over the self-ego mind....to learn balance the intellect with the greater light within their heart, allowing the pure light of the Soul to express itself

through the spirit. In doing so they help anchor such light, love and understanding, upon the earth for those yet struggling with the lessons of flesh.

Yet as Judy explained, upon returning to the spirit planes these too review their embodiment in flesh, wherein they too come to see their accomplishments as well as their own shortcomings, and therein they continue to learn. We need to realize that our learning and our preparation, no matter how "enlightened" we now may "think" we are, does not end when we leave the earth.

We do not go just to God and live happily ever after. These spirit planes are places of on--going preparation for man of earth, as mankind AS A WHOLE prepares for the closing of this cycle. All of us upon the earth have come here from these many spirit planes, and I dare say that none of us come here from the highest of these planes.

The earth-plane is the proving ground, wherein we prove ourselves....yet too often we think that just because we read a few books and remember a lot of information, that we are now prepared to go into the higher dimensions of life. It is not the "information" which awakens us....it is awakening greater light within our minds, and awakening greater Love within our own hearts. These are the things which are inherent within an awakened spirit. These are the things which awaken our living connection with the Father. Remember Sananda's words saying:

"There are none so foolish as those who think themself wise".

It is said that there are twelve spirit planes which surrounds the earth, each progressively brighter, yet even the higher planes are places of continued learning and of greater service. This is spoken of in the following excerpt from "Life Beyond The Veil":

...I noticed near the border of the ninth sphere, a large lake bordered with forests, with buildings spread out among the trees. I asked my guide what colony or settlement it was, and he told me that a long time ago a difficulty arose in those arriving here in this sphere from other regions. While there are some who progress evenly in all their faculties, others do not develop all of their faculties equally in their progress. These are highly developed spirits whose development brings them here to the tenth sphere, yet before they can proceed they must develop their negligent aspects in the same proportion as their advanced aspects. This is because of the much more complexity of perfection prevailing here than you understand on Earth. These are still of the ninth sphere in some portion of their character, while perhaps of the tenth sphere in others. They are in some ways to progressed in power and personality for the ninth, yet unable to proceed to the next sphere where their inferior aspects are not sufficient.

Thus they abide here on the borderland, where they work at their own progress, while continuing to help others within the spheres below.

Of the highest and brightest of these spirit planes, we know very little, for life upon those higher planes is too far removed from our own for us to understand while in flesh. While those within the very highest planes have long since gone beyond the need to take upon themselves the cumbersome expression of flesh, yet they continue to serve the plan of the Father, by using their greater light and understanding to guide those throughout all the planes below them. Since greater learning always entails greater service, ones with the intermediate planes are often sent into the lower regions to help ones who are asking for light, yet they are always guided and protected by those within the highest spirit planes. The general rule is that ones can see and go into all the planes which exist below them, yet each has only fleeting knowledge of that which lie yet above them, until they begin to experience it directly.

In most cases, those who we might call our "guardian angels", who appear to us on Earth, are ones from these spirit planes who are sent to Earth on a specific mission. They are usually ones from the brighter planes who understand how to lower their vibrations so that their form might be seen by the human eye. Yet they are not concerned only with the Earth, for their efforts are also directed to all of the lesser planes.

Spirit Planes & Higher Dimensions

While the brightest planes are inhabited by spirits of very great light and understanding, it is important to realize that these are NOT the higher dimensions of life as we might want to think of them...these are NOT dimensions having to do with all creation. These are the spirit planes of the Earth, as one planet with its corresponding planes of spirit development. All within these planes are part of this present cycle of the Earth, and all continue to be part of the Earth until this cycle is completed. Remember that portion of newsletter 71, concerning the fall of man, and the plan brought forth for man to raise himself back to his former knowledge, as described in the following excerpt:

...Man as man, however, has deteriorated so far (from his former state) that only through untold millennia and much instruction could he win back his former standard of intelligence. He began incarnating in the form which the Host itself had employed (created) ...a sort of sublimated Ape, or physical man as you know him today...slowly working his way up through the aeons....

These spirit planes are an integral part of his cycle on Earth, yet throughout this long cycle some have progressed no further than the dull planes...these are the laggards. Some have awakened varying degrees of love and light within their spirit and moved forward into the intermediate planes, yet many became complacent and did not continue to continue to reach for further great light...these are the sleepers. Some have worked to awaken to awaken greater light within their own spirits, and these now dwell within the higher planes of spirit, wherein they continue to learn and to "prepare" for the closing of this cycle. A few have given their full attention to this preparation, and these now dwell within the highest of the spirit planes, wherein they continue to help those within all the planes below them, including the Earth.

When Sananda speaks about earning our passport into his place of abode, he is speaking of dimensions of life beyond the Earth and its associated planes of spirit. He is speaking of the freedom within dimensions of Life which are not limited to any planet or spirit plane...dimensions associated with all of creation, wherein there is NO such limitation.

Remember Sananda words saying:

...When it is given unto man (as a whole) to be prepared, he shall be as ONE with the whole of the lighted Order. He shall have the privilege of going and coming between worlds, and as one of these he shall be without limitation of any sort. He shall have

knowledge of all creation, just as we of the Order. He shall be as the Father created him to be...for this is his inheritance.

We upon the Earth are all just spirits from these many planes, now embodied in flesh for a short time. Realize too, that when ones leaves embodiment, they do not just go into the higher dimensions of life...they return to these spirit planes which surround the Earth, wherein each continue their preparation. When Sananda speaks about the completion of this cycle, he is not only speaking of the Earth, but completion for those within all of the spirit planes of earth, for he is speaking of mankind as a whole.

When the cycle ends and the doors of heaven are finally opened, man of Earth, AS A WHOLE, will move forward, each to their own choosing. Remember too Sananda's words saying:

....And this is the last time I shall lower my light to accommodate the sleepers and the laggards. It is Finished! I is Done! I shall return unto my Father, and those who so choose to follow me shall return unto my Father with me. These shall go where I go...and they shall be as I, free and without guilt or blemish, for they shall be as ones prepared into the place wherein I AM. And the book (of earth) shall be closed, for I shall be as ones finished, as one which hast done mine part and take mine leave, Then another shall fill mine place, mine "office", and he shall do his part (of guiding the on-going progression of those who refuse to awaken), even as I did mine part.

The Order of Man

Remember here the portion of newsletter 71 concerning the "Order of Man". Realize that man of Earth, including all within the spirit planes, is only a small portion of the "Order of man". We are that portion which was turned from the Father by the Son named Lucifer. The term hu=man refers on to the portion that of Man which became bound within the limitations of flesh. The vast majority of the Order of Man did not turn from the Father, but remained of the Lighted Order, which Man was created to be.

These are our Elder Brothers who have watched and guided us throughout our long cycle of forgetfulness. They have awaited the fulfilling of this cycle, when they might once again remind us of our true home which we have forgotten. This is "our Memory" which will be restored...this is our "inheritance" which we forfeited, which we have forgotten...our inheritance willed unto us of the Father, which we have also forgotten. This is our return to the place from which we went out in the beginning...for we are the Prodigal Son returning home.

We are told that when the cycle has ended and Man of Earth has moved forward, the Earth will move out into a new place within the firmaments, where it will be cleansed of all the dross which was not the will of the Father, which man has created. The Earth will be purified, wherein it will finally become the shining planet which it was created to be. Remember Judy's message from the last newsletter saying:

...Long and intense has been the preparation here within these realms for the events which will be taking place on Earth, the fulfillment of the plan made so long ago for the progress of the earth and for mankind. Sad it is that this preparation is not also being made on the earth plane with the same enthusiasm. Yet this lack of preparation will not stop or even delay the plan, for all unfolds within its proper season within the Father's Kingdom.

Long ago man of earth, of his own free will, turned from the Source, he turned from the Father who had brought him forth. The separation which we know now is of our own making, and we have been giving this cycle that we might see the results of our self-will. The First Born Son of the Father, who brought forth the Father's will into this creation, has guided us towards this day, when the door would once again be opened for those who choose to return to their Oneness with the Father.

While that that day is here, he has come to show us the Light in its First Magnitude, even as the Father. While there are many upon the Earth who are still not prepared to follow him, so too are many within the lower spirit planes un-prepared. These too are our brothers and sisters who do not yet see the greater light behind their lives. There

is much work yet to be done on all planes before this cycle is finished, for many who now sleep may yet choose to awaken from their dreams, and move forwards towards an awakened life. Those upon the higher planes are trying to awaken all who will respond...and if we profess to know the Light, then we must be willing to embody that light here upon the earth, for remember Sananda's words saying:

...Hast the Father not sent thee forth that ye might glorify Him in the earth, even as He hast glorified thee in the Heavens? I say unto thee, no other hands and feet hast he upon the Earth other than His children.

You and I ARE the Father's hands and feet upon this Earth...we ARE an expression of His Light, and it is through each of us that he would work if we would but turn our attention to Him and ALLOW it. We speak of light, and we speak about Sananda, but are we putting forth our own efforts to help him anchor and spread that Light...or do we continue to expect him to do it?

The Earth Planet

Too often we think of the earth as being totally separate from the brighter planes of spirit, but it is only our thinking which has become separate. The Earth IS the Father's creation, it is only our own thinking that we see ourselves as separate.

Realize that the earth is central to all these spirit planes, for they are only temporarily dwelling places for Man of Earth. These spirit planes were brought forth only to accommodate man of earth as he slowly progressed upward throughout this present cycle, and when this cycle is completed they will have served their purpose. While that which exists within these "etheric planes" is as solid as the things of Earth, they are created by the thoughts of those within each plane...while the Earth is created by the "Thought" of the Father. The Earth-planet was the original creation of the Father, and will remain as such until the Father withdraws His Thought.

While the vibration on Earth is more dense than that of spirit, this was intended for the expression of the biological life which was meant to be expressed here in the beginning. Look around at the diversity of animal life...the myriad of plant life which wraps the planet in such a life-giving expression...the great mountains, valleys and canyons which we find so breath-taking to behold...the majestic expanses of the blue oceans which bring rain and life to the whole of the planet...all these are the creation of the father. All were brought forth to express the biological creation, as it was intended in the beginning. Remember the words:

"The Kingdom of God is spread upon the earth, but man has not the eyes to see it".

Realize that man of Earth sees these things...but NOT as an expression of the father, created for the upliftment of life...but as things to be exploited for his own selfish gain. Man in his original creation was meant to be the over-seer of this biological creation, but instead he has become the exploiter of this creation, which is just what "Lucifer" (the fallen angels) intended.

Realize that the father has no part in creating the turmoil and confusion which man calls life upon the Earth...such is the creation of man and his own thinking. Man has forgotten the father who brought him forth. Man of Earth defines and expresses life only in accordance with his own selfish desires, therefore he has forgotten his true oneness of all living things.

This is the whole purpose for this cycle upon the earth. Man of earth turned away from the Father, therefore he has been left to his own meant throughout this cycle of

darkness which he himself created. He has been left to a great lesson, that he might come to know that he is NOT sufficient unto himself, wherein he might once again seek his true oneness with the father. Man of earth has been given this cycle in which to learn or to reject that lesson, each according to his own will. Remember Sananda's words telling us:

...This is the time of sifting and sorting, of classifying each unto their own light and class. When I speak of man, I see a portion which are of the darkest evil...then there are ones which are of little light...then there are the ones which are prepared to go with me into greater light wherein they shall find peace, perfect peace. There is an infallible Law: "As ye are prepared so shall ye receive". My words have been shouted from every land of Earth, for every generation, that they might be prepared to go all the way with me.

The Earth Plane - The Place of Testing

If you have read the many accounts from ones upon the lower and intermediate planes of spirit, you may have noticed that their memory includes only the spirit planes they have recently passed through, and their one previous incarnation on earth. This is because as each spirit goes forth to take on a new embodiment it loses its previous memory, and therein must prove its worth according to its own true nature. In losing its previous memory, each spirit is temporarily freed from the burdens of guilt or sorrow from past actions, free from its attachments to the past, and begins each new embodiment with a clean state...upon which each might write a whole new chapter to his life, if he/she so chooses.

Realize too, that our memory is not lost forever. Remember the portion of newsletter 70, concerning the difference between our Soul and our spirit. This is an important distinction, and it is the crux of understanding the meaning of "Our Memory".

...Now through all embodiments the Soul remains even untainted by either darkness or evil, for the Soul is created of the very Substance of the Life itself...it is pure Light. It is a living fragment of the Source, wherein there is NO darkness. It is only the "spirit", the soul's developing "identity", which must come to learn the greatest of all lessons...that Life and Light are synonymous.

...The Soul is that which is eternal, it is the one constant throughout all of the experience that you ever had. The Soul retains the memory of every single experience you have ever had, on all planes in all embodiments, since your inception into creation as a living Soul. We lose our memory with each embodiment because the Soul does not take embodiment- it is our "spirit", our developing "identity" which struggles with the lessons of the flesh.

Within each embodiment your own free will choices either add to or retard the development of your "spirit", for the Soul ever seeks to guide it upwards towards greater perfection, towards the day when all vestiges of darkness taken on by that spirit are purged, when the Soul and the spirit may finally merge as ONE, and eternal expression of that which it was created to be in the beginning.

The Direct Pathway Home

As this cycle draws to a close, much effort is being put forth that we might come to see that the vastness of Life's great plan is far greater than that which we have known upon the Earth. Many on the higher planes of life are sending us light and understanding that man might once again claim his inheritance which he has forfeited so long ago.

As we search for a greater understanding of how to disentangle ourselves from this darkness, we find ourselves confronted with a mountain of purportedly spiritual information concerning many Ascended Masters, Space brothers, photon belts, Ancient teachings, UFO's, lay lines, vortexes, pyramids, crystals, earth changes, past life readings, starships, earth evacuations, etc...etc...etc...

In trying to comprehend all of these things we find ourselves with a lot of information in our heads, but with little or no understanding of life itself, and with an unspeakable longing still filling our hearts. Is the true spiritual awakening process then, about filling our minds with information...or is it more than that?

In the last newsletter we read the communication from Judy, who had made her transition from the Earth plane into the plane of spirit with only Sananda's words to guide her. She spoke of the things that were truly of importance in making her transition into those bright planes of spirit. In reading her account we come to realize that none of the things mentioned above were of the least importance to her during her transition, and once there, such things were of no importance at all. So we need to ask ourselves...What is important? What should we be giving our attention to while here upon the Earth.

In reading Judy's account we see that the only things that were of true importance, was the love she held with her heart, and her ongoing desire to return to her oneness with the father. She told us how during the three days transition process, the one making the transition is calling most of their own shots, and therefore it is important to have clarity of purpose foremost in ones own thoughts.

As Judy made her transition, she was not distracted by useless information by useless information, pre-conceived ideas, or expectations...she had long emptied her cup of such trivia. She was guided only by the love she held within her heart for the Father and his great plan, and went forward according to His Will and Guidance. She went upwards into those planes of light and joy because she had no other desires within her heart.

So too, if we seek the true pathway home, we only need to give attention to the one thing which is central to all true awakening...a sincere desire to return to our oneness with the Father...not through information, but by "awakening" to the Light within our spirit. If all of the things mentioned above (lay lines, vortexes, pyramids, photon belts, UFO's etc. etc...) have absolutely no importance at the time of our transition from flesh to spirit, then why do we call them "spiritual"... why do we consider them to be important in our spiritual awakening? You and I are LIVING SPIRIT...we are LIVING LIGHT... and within each of us already exists that which we seek.

It is not the information which we lack...it is not information concerning things outside ourselves which awakens us...It is the light we awaken within our own thoughts...and more important, the Love we allow to awaken within our hearts for the ONE who gave unto us the very life that we each now know. We need only to "awaken" our own spirit to that which we already ARE.

The Pathway of Creation

Newsletters 70 & 71 followed the pathway of Life itself, beginning with the very SOURCE of Life itself. It followed the pathway outward from the SOURCE of All Life, to the "Father", that Spirit who brought forth the very foundation of creation as we know it. From the Father it went forth again to the First Born Son of the Father, who after receiving his inheritance in full, sought only to manifest the will of of the Father within His (the Father's) creation.

The Son, following the will of the Father, brought forth the universe of matter (worlds and star systems) and also the Order of Man who was to over-see this biological creation. Unfortunately, before Man had completed his own development, a portion of the Order of Man was turned from the plan of the father by another Son named "Lucifer" (*representing the "fallen angels"*). They turned from their Oneness with the Father, and sought to express only for "self". And thus Man of Earth, instead of becoming the over-seer of the biological creations upon the earth, became the exploiter of the Father's creation.

And because of his self-willed separation from the Source of all light, he found himself bound within a cycle of darkness which he himself had created. This is as simple as I can express it...yet these are only words describing concepts, and the truth is more than believing in a concept. Remembering information is not to KNOW, it is only remembering the concept. To KNOW you must put forth the effort to go beyond the words and concepts, and awaken your own spirit to the Living Reality behind the words.

You must awaken your living connection to, as well as your own individual expression of, the Source of Life itself. What is it that we seek...more information, or greater life? It is not information that frees us, it is awakening to that which we have always been...that which we were created to be in the beginning. For those of you who have read the Scriptures, you will remember Sananda saying:

..."And it is indeed wise to ask of the Father that ye might receive me, for in no wise shall I intrude upon thy free will - and yet it is the will of the Father that I bring thee out of darkness. This is for the ones which have as yet not learned the wisdom of saying "Father, Thy will be done in me, thru me, by me", for therein is the KEY unto thy legirons which have bound thee.

Why do we continue to think that this is not sufficient? Why do we allow ourselves to become confused by all the information touted by man, when direct guidance from the Father is ours for the simple effort of asking, and then listening. Why is that we

continue to look away from the Father, in search for "mystical teachings" or "spiritual powers"...is it that we are trying to bypass the father and become great and glorious beings in and of ourselves? Why is it that we continue to look for spiritual "things" outside of ourselves, when all that we seek is already within our own hearts and minds, waiting to be awakened? Remember the words of Sister Thedra which were printed in the last newsletter, saying:

...Why tarry? Why hesitate? What is it that holds you back from totally submitting yourself to the divine will of the Father? Do you feel too unworthy to consider yourself one of His own?

...Be ye concerned in and on his Light...Keep your attention focused upon Him. If you would grow towards Him you must give Him your attention, seeing His handiwork in ALL things. It is only when we withdraw from Him, even momentarily, that we falter along the path and become blinded by our own forgetfulness. Always turn to Him for counsel and guidance, for help and sustenance, continually thanking Him for His many blessings. It is said over and over again, yet how many actually live WITHIN Him, remembering at all times wherein they are staid?

Why do we seek for spiritual sounding names or titles, do these make us any more than we ARE? Why do we seek ancient wisdom from Atlantis or Lemuria, when the Father, whose very Light sustains us, speaks to our hearts here and now. In case you haven't noticed, those two places destroyed themselves...was that wisdom? Why do we continue to look to the past when the Living Presence of the Father lives here and now? Remember Sister Thedra's admonition within the last newsletter, telling us:

...Look not backward, for the answers are not hidden up in past experiences. The answer to every one of life's problems is available here and now. Ask...then LISTEN for the answer. Listen well and you will hear that still small voice within speaking clearly yet ever so gently, with truth and wisdom. Your inner KNOWING will confirm that it is the Truth, and you will have no reason to doubt. In humble submission present yourself to the father, asking that His Will be done...then let it be. Just ALLOW it to happen.

...Yet, of what use is the asking if one does not allow the space for the answer, for the receiving, for the guidance? In the silence of your heart wait with calmness and assurity, listening well with thine inner ear..with thine whole being alert, awake, and prepared. Yet, to you I also say: Be not passive in the submission,...be awake, be attentive and poised - to submit does not mean to be spaced-out. It is an activity which needs much work, much patience and discipline. Listening has nearly become a lost art in these noisy hectic times.

...Bless you this day as you go forth in full confidence that all knowledge is within you. Place thy hand in the hand of the Lord thy God, and trust in his Divine Guidance. I am thy Sister Thedra.

To remind us of the One True Light behind all of life, the Father has sent one who IS that Light. He has sent his First Born Son, who IS Light in its First magnitude, even as the Father, for there is but ONE Source of Light. To know the Son is to know the Father...for the Father and the Son are ONE, just as the Father and the SOURCE are ONE. They are the Light of the SOURCE, in its First Magnitude...One Source...One Light...One Life.

The End

